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AN ENTIRE NEW MEDICAL WORK,
 PARTICULARLY ADAPTED TO THE
USE OF FAMILIES,
 BY CONVEYING FAMILIAR INSTRUCTION FOR THE
 PREVENTION AND CURE OF DISEASE.

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OR,
MEDICAL INSTRUCTOR

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WITH DIRECTIONS FOR
THE PRESERVATION OF HEALTH;

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INCLUDING

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ON PREGNANCY, CHILD-BIRTH, &c.

And Ample Instructions to Parents and Nurses, respecting the

DISORDERS OF CHILDREN.

By **LEWIS MANSEY, M. D.**

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III. The first Number may be had as a Specimen, and if does not meet with the Reader's approbation, the Money shall be immediately returned.

IV. The whole shall be completed in Sixteen Numbers, to be published Weekly in regular succession.

ADDRESS TO THE PUBLIC.

THE Title-Page of this performance, it is presumed, will sufficiently explain the general tendency and nature of it; but, for the further satisfaction of our Readers, we shall concisely mention the principal outlines of our Plan.

Many excellent treatises have, from time to time, issued from the press, on the causes, symptoms, and cure of diseases; and these have been consulted with advantage by Apothecaries, Medical Students, and even young Physicians; but the terms were frequently found too *scientific* and *technical* to be fully comprehended by the general reader.

This consideration induced the Author to commit this performance to the press, wherein he has endeavoured to give ample information on the prevention and cure of the tremendous catalogue of diseases to which human nature is unfortunately liable, divested of all *technical* terms, and *scientific* parade.

In addition to the knowledge acquired from a long and extensive practice, the Author has availed himself of the advantage of a large *Medical Library*, to which he has at all times had free and unlimited access; whence he has enriched his Work, by gathering from the labours of established authors and practitioners, the most approved methods of prevention and cure of disease.

In order to render this Work as clear and intelligible as possible, we shall divide the respective parts under distinct heads, beginning with the means of preserving health, by observations on the different qualities of AIR, EXERCISE, and DIET. The effects of the PASSIONS, INTemperance, &c. We shall then proceed to point out the causes, symptoms, and effects of the various disorders, and the proper *medicine* and *regimen* for the restoration and preservation of health.

The indispositions of pregnant women, and the various disorders peculiar to the female sex, will next engage our attention, and be very particularly discussed. Ample instructions to PARENTS and NURSES, on the management of Children, will also be given; with Observations on the general causes of their diseases, and the most approved method of removing them. Though our limits will not admit of an extensive treatise of SURGERY, we shall not omit the proper treatment of wounds, bruises, &c. proceeding from such accidents and casualties as attend mankind; for though these misfortunes frequently require the skill of the experienced Surgeon, they may nevertheless be rendered less grievous by a timely and proper application. This will be followed by Cautions concerning HOT AND COLD BATHING—observations on the effects of MINERAL WATERS—Receipts for preparing or making such patent and compound medicines as have been admitted into practice with success.

In fine, it will be our particular study to point out the different remedies for every disorder in the most familiar manner, omitting nothing that can assist the Reader in retaining health, or restoring it when impaired.